

WAYNE STATE UNIVERSITY

The Student Pharmacist

www.cphs.wayne.edu/pharmd

JUNE, 2015

Kappa Psi

The Brothers of Kappa Psi-Mu Omicron Pi hosted the Fall 2014 Great Lakes Province Assembly last October at Greek-town Casino-Hotel in our hometown of Detroit. One of the main events for the weekend included a Halloween costume party held at the chapter house. Each and every one of the brothers worked hard to help coordinate this event, which turned out to be a memorable success.

Other notable events for Kappa Psi throughout the year included participation in the Gift of Life Campus Challenge, hosting a Chinese New Year fundraiser, racing in the "Fight for Air Climb" event for the American Lung Association, and donating sack lunches for the less fortunate to the Neighborhood Service Organization in Detroit, MI. Also, the Joey's Comedy Club Fundraiser was held in March 2015 hosted by both Kappa Psi and WHSO.

We are looking forward to another successful year ahead and wish the same for all of the other EACPHS organizations!



At left: Brothers of Kappa Psi providing sack lunches for the less fortunate at Neighborhood Service Organization in Detroit
Pictured: KC Mangan, Tom Grigowski, Scott Clancey, Sean Lang, Rommel Reyes, Jack VanDahm

Kappa Psi Pharmaceutical Fraternity is the oldest and largest professional pharmacy fraternity in the world.

Diabetes Education Wellness (DEW) Clinic

This past year we have had a few new and exciting things happen at the Diabetes Education Wellness Clinic. In the fall we furthered our interdisciplinary mission by adding the WSU Clinical Laboratory Sciences program to our expanding list of active disciplines. Thanks to this new addition patients were able to have their HbA1c levels taken at the DEW Clinic and have the results provided to them and interpreted all within a single session. The clinical laboratory sciences students also provided the patients with counseling regarding proper home blood glucose testing techniques.

Another new happening for the DEW Clinic was the production of our first ever 5K fundraiser. The first annual DEW What You SAY 5K was held by DEW Clinic students in conjunction with the SAY Physical Therapy Detroit Clinic, which provides physical therapy care to underserved Detroit patients. The race was held on the morning of April 11th at Wayne State University's main campus. Students across all disciplines of the DEW Clinic were in attendance along with their friends and family members. The 5K fundraiser was a smashing success and over \$2,000 dollars was raised to be donated to the two clinics. Thank you to all who volunteered and participated to make this event successful and enjoyable.

As always we would like to thank all of our fantastic faculty and community mentors for all of the support and time that they gave to the DEW Clinic and its students this year. It has been a wonderful year for the DEW Clinic and we look forward to another year of learning, productivity, progress and the continuation of providing interdisciplinary diabetes education and care to the underserved patients of Detroit.

Arab American Pharmacist Association (AAPA)

With the help of the hardworking board and active members, the Arab American Pharmacist Association (AAPA) participated in various events throughout this past year. In June 2014, the AAPA along with undergraduate/pharmacy students from across were able to participate and donate over \$2,000 to the American Cancer Society's annual event: "Relay for Life". Members also raised over \$1600 worth of change to "Hunger Hurts" program by Zaman International. In September 2014, AAPA collaborated with other organizations for "Tune Up Your Family Health" Health Fair, where members measured weights, BMI, and provided nutrition education. In November, the AAPA engaged in the Michigan Antibiotic Resistance Reduction program, where members educated 1,200 elementary students through educational games and informational sessions. This successful event was offered again in the winter of 2015 for students as well as parents. During January 2015, the AAPA gathered more than 50 volunteers for "Kids Against Hunger", where they packaged 10,000 meals in less than two hours to be distributed to starving families in third world countries, local areas, and local disaster relief. On March 20th 2015, the AAPA held the NSO Homeless Shelter event. We provided about 200 homeless people with a satisfying meal, medical education and most importantly joy. Altogether we donated over \$800 to the shelter. In March, the AAPA presented an interprofessional culture and medicine seminar held by Najah Bazy, a Transcultural Nurse Clinical Specialist and a Diversity Specialist. On Saturday April 5th, the AAPA conducted the "AAPA Community Wellness Checks". We screened blood pressure, blood glucose, and provided health/medication counseling to the Dearborn community. The AAPA continues to provide its successful pre-pharmacy mentorship program to undergraduate students in surrounding universities and community colleges. Lastly, we are coordinating an AAPA Alumni Dinner with the parent chapter to take place in May. During this annual dinner, the parent chapter graciously awards scholarships to qualifying AAPA members. Through the support and involvement of our 100+ hard working members and our supportive parent chapter, the AAPA plans to continue to preserve and flourish in our accomplishments.



The AAPA is the leading voice of Arab Pharmacists through advocacy, education, and information dissemination.



NSO Homeless Shelter. (Left to Right) Rana Dabaja, Tahnia Alauddin, Maggie Faraj, Safana Atwan, Heba Sobh, Nour Ghamrawi, Anas Althabteh, Rachad Alameen, Amro Hizam



Rho Chi Society

2015 New Inductees: Jacob Witt, Andrew Schulz, Mariam Saco, Lalita Patel, Amir Pasovic, Kaitlyn Nadalin, Jessica Mourani, Samantha La Rocque, Eric Lahoud, Mri Kolicaj, Mashal Khan, Batoul Haidar-Ahmad, Jessica Hadchiti, Michael Frei, Scott Ceresa, Molly Baker, Jasmin Badwal, Kayla Aleshire, Malak Abbas

Photo Credit: Libin Philip

The Rho Chi Society seeks to advance pharmacy through intellectual leadership.

The Rho Chi Society is the National Academic Honor Society in pharmacy, it recognizes and rewards intellectual achievement, promotes highest ethical standards, and fosters collaboration. The Alpha Chi Chapter of the Rho Chi Society at Wayne State focused much of its efforts this year on providing assistance to new students entering the program and providing opportunities to upperclassmen to enhance professional skills. Over the summer we collaborated with the Class of 2016 E-board to develop the ongoing P1/P3 mentorship program. We successfully kicked off the event in September with a joint meeting with mentor and mentees that included presentations by Dean Slaughter and Dr. Josh Raub, class of 2009 and one of the founders of the mentorship program. During the fall we provided tutoring support to the P1 class including an expansion of the mock practical exam to accommodate the requests. During the months of October and November we offered programs to help P3 students to develop their interview skills. This program consisted of two components, an Interview Etiquette Seminar and mock interviews for P3 students to practice their skills. Throughout the year we held multiple fundraisers and will be making a financial contribution to a local underserved clinic before the end of the year. We were proud to collaborate with the Department of Pharmaceutical Sciences to sponsor the Roland T. Lakey Award Lecture on April 8th, 2015. The honoree that year was Dr. Philip Low, Distinguished Professor of Chemistry and Director of the Center for Drug Discovery at Purdue University. The event was followed by the banquet and induction ceremony where we welcomed this year's newly elected members into the society.

CPFI (Christian Pharmacists Fellowship International)

CPFI (Christian Pharmacists Fellowship International) is an organization that includes pharmacists and pharmacy students working in all areas of pharmacy practice. The organization aims to serve worldwide and encourage integration of faith into practice through community service and missions both home and abroad. The CPFI-PIC (Pharmacists in Christ) chapter at Wayne State is a fairly new organization and has been growing in the past two years. The chapter's advisor is Dr. Hanley Abramson. CPFI started off as mostly a support and prayer group within the college and has expanded to getting involved in community service in Detroit. In past years, CPFI has been involved in Elevate Detroit. Elevate Detroit provides community BBQ's to feed the homeless on Saturdays at Second & Selden. Members attended several Saturdays in the winter semester and helped to serve food to the homeless. This year CPFI has become involved in CHIP (Community Homeless Interprofessional Program). CHIP provides blood pressure readings, housing placement services, and medication counseling to underserved populations on the 3rd Sunday of the month after church service at St. Paul's Cathedral on Warren Ave. Dr. Justine Gortney has been very involved in the program and helped to get CPFI involved in CHIP. CPFI will continue to be involved in CHIP this summer and into next school year. CPFI members also distributed Blessing Bags to the homeless this past winter as another community service outreach. CPFI continues to grow within the college and get more students involved in community service to the underserved and integration of faith into pharmacy practice.



Faculty Spotlight: Mary Beth O'Connell, PharmD



Dr. O'Connell is an exemplary leader in pharmacy and she is a wonderful asset and resource for our program. As students, we don't always have the opportunity to hear first-hand what our professors do, their hard work is a reminder of what we can do as pharmacists. The work our professors do inside and outside the classroom should never go unnoticed, as they are the role models of our future. We hope this Faculty Highlight will be an inspiration for the students in our program, and will motivate students to be leaders in our field. Dr. O'Connell, along with the rest of the faculty, are true innovators whom set high standards for the students of EACPHS.

Q: Recently you received the ACCP Achievement award and you were recently recognized as a fellow with the National Academies of Practice. Can you tell us more about these recognitions and what they mean to you?

A: The ACCP Achievement award was from the Ambulatory Care Practice and Research Network to recognize significant contributions to the area of ambulatory practice. Beginning at the University of Minnesota and continuing here with the Detroit Medical Center, I have been part of inter-professional geriatric practices. I worked with the DMC geriatric providers and administrators to create a collaborative drug therapy management agreement and template to provide direct patient care to older adults in the DMC geriatric clinics. We see patients, provide pharmacy care, and then document in the patient's medical chart. We work with all the other providers to make sure older adult's health care needs are met utilizing the talents of each provider. I keep looking for unmet patient needs and figuring out a way to improve their care and health outcomes, never working towards an award. But that said, receiving an award from your peers that you hold in very high regard is very special, especially when you also know so many colleagues with just as great accomplishments, it is very humbling and appreciated to receive a peer achievement award.

The National Academies of Practice's purposes are to recognize exemplary careers in healthcare and advocate for inter-professional healthcare. Currently this organization gives fellow status to 150 members in each of 14 healthcare disciplines. I am humbled to be one of our country's top pharmacists. This award is given to pharmacists who have been active in creating/improving inter-professional healthcare practices; leadership, advocacy and or education including inter-professionalism. The scholar designation is given to those that have conducted and published research. My geriatric inter-professional health care practices assisted with receiving this award. I have been very active with pharmacy organizations in terms of committees and board activities including past president of the American College of Clinical Pharmacy and the Minnesota Society of Health-Systems Pharmacists.

My advocacy activities include the Minnesota Pharmacy Practice Act activities and interfacing with state and federal legislators on various issues. I started the WSU older adult inter-professional home visit with other pharmacy and medicine faculty. This past year I had two pilots to increase the inter-professional education opportunities within our college. One was having third year pharmacy students learn patient safety with third year medical students and one was having a fourth year pharmacy student become a team with a physician assistant student, and then they take care of patients one day in a clinic or emergency room and one day in a community pharmacy. All these activities result from working great colleagues and students that have passion also to improve patient care, pharmacy practice, and student education and training.

Q: What advice do you have for current pharmacy students?

A:

- Be part of the moment to create change; talk to your legislators to change the laws, talk to your administrators to create the environments and time you need to take care of patients, etc.
- Be actively involved with your college, local, state, and national pharmacy organizations. Together we can do anything. A good idea can come to reality with the resources of an organization behind it. Pharmacists need to stay abreast of new practice and medication changes, which can be learned through organization resources and programs.
- Be culturally sensitive and personally accept the luxury of being a health care provider to improve the lives of our patients and their families.
- Create your pharmacy network that starts with your classmates.
- Find a mentor to help you achieve your excellence as a pharmacist.
- Take care of yourself, believe in yourself, smile often, exercise, sleep, reduce your stress and enjoy being a pharmacy student. There will many times in your life that you wish you could just go back and be a student!! Enjoy it while you can.
- Each day is a blessing, maximize each day.
- Each day I am thankful to have the wonderful opportunity to help you achieve your goals. I so value what I learn from each one of you. The future is bright because of you.

This newsletter is published by the Wayne State University Doctor of Pharmacy (PharmD) program.

Editors: Misa Jajjoka, Leyla Zorkot & Tamra Watt

Design: Tamra Watt

Email: eg6527@wayne.edu

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