BEAT ANXIETY WORKSHOP

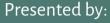
WAYNE STATE

CAPS invites you to join a 5 segments virtual workshop to discuss ways to cope with anxiety.

JANUARY 27, 2022

Email for questions or ZOOM link!

estenia@wayne.edu



Estenia Elisevich, MSW Intern

Patricia Dixon, University

Counselor III

CAPS is Here for You!

Counseling & Psychological Services

Main Office Phone: (313) 577-3398 Patricia Dixon: (313) 577-3243 <u>After Hours: 313-577-99</u>82

> Monday - Friday 8:30am to 5:00pm

