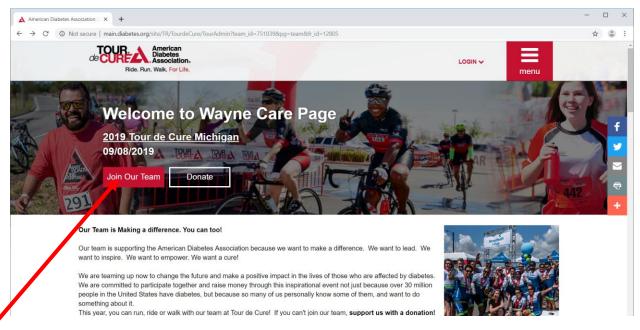
Instruction for joining the Wayne Care team

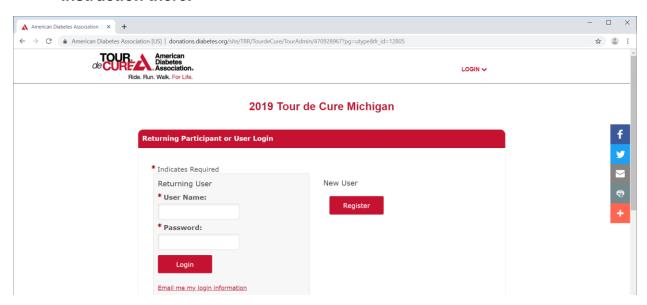
1. Please click the link below:

http://main.diabetes.org/site/TR/TourdeCure/TourAdmin?team_id=751039&pg=team&fr_id=12805

2. Click "join our team" or "donate"

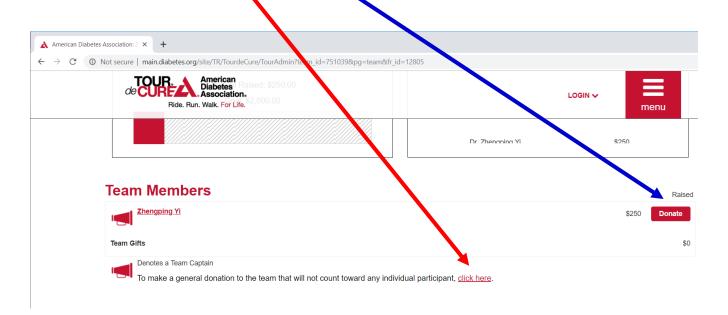


3. if "Join our team", sign in or register as a new user, and then follow the instruction there.



4. if "Donate", the following page will show up, and you can choose to donate to a team member or

To make a general donation to the team that will not count toward any individual participant.



Location:

Belle Isle Park

1 Casino Way, Detroit, MI 48209

Date and time:

09/08/2019

5K Route - Check in Time - 9:00 a.m. & Start Time - 10:00 a.m. (Run) & 10:10 a.m. (Walk)

10 Mile Ride With GPS Route - Check in Time - 8:30 a.m. & Start Time - 9:30 a.m.

30 Mile Ride With GPS Route - Check in Time - 7:30 a.m. & Start Time - 8:00 a.m.

60 Mile Ride With GPS Route - Check in Time - 7:00 a.m. & Start Time - 7:30 a.m.

This year, you can run, ride or walk with our team at Tour de Cure! If you can't join our team, support us with a donation!

Registration fee: \$25 for cyclists, free for walkers and runners

Fundraising Minimum: \$200 for adult cyclists, \$50 for children cyclists 12 and under; \$100 for runners; there is no fundraising minimum for walkers