Administrator Spotlight: Interim Dean Catherine Lysack, Ph.D.

Q: During your position as interim/acting Dean, what are some new things you’ve learned about the other programs, specifically pharmacy?

A: There are many programs in our building, so it is very interesting to learn about each one. I’m very proud of the college. We have many great faculty and I consider myself very lucky to be a part of it. A Dean here is fortunate to be in charge of a college that is strong financially. Pharmacy practice is the largest in terms of number of students. It’s a great program. I definitely think you are headed for a great career, which may not always be the case for non-health professions. There is a strong demand for healthcare and information, so this makes our college strong and makes us an economic driver of the university as a whole.

Q: What brought you to EACPHS

A: I came in 1997 as a full time OT professor immediately after I completed my PhD dissertation. I came here for a few reasons. In Canada at that time, opportunities for a professor were few. I had a job offer here in Detroit, which was nice (go where you had the opportunity) and I thought it would be interesting to see a new healthcare system. I also like learning so this was a great adventure to be trained in one country and be able to teach in another! Serendipity had a lot to do with it as well. I grew up in a small town in Canada, did research in Indonesia, and then came here to Detroit to work. Knowing how healthcare works in different settings is very beneficial to your education.

Q: Do you think working and studying in Detroit brings advantages, even though much of it is underserved?

A: Detroit is an amazing city. It has an amazing history and much of it is very alive and we see it in the auto industry and the stunning art and architecture of this city. But I love the diversity and resilience of the people the most. If you do social science and aging research like I do focused on how people with disabilities and older adults survive and even thrive when the chips are down... you are doing your work in the right place if you are in Detroit. Another benefit of doing research at WSU is that when you study underserved populations and you apply for a grant, they think you are in the right area! Another thing that has been great over the recent years is the research collaborations. Wayne is stealthy in that some of the best international scientists are hidden away in this university. You are really connected to people here, regardless of how big the university. You have the opportunity to work with some really great people.

Q: What advantages do you feel health care students getting an education in EACPHS & Detroit?

A: We are much more reflective of the diversity of the real world then other places, which I would say is the Wayne advantage: diverse programs and diverse people. There is a lot creativity that comes with a lot of different people, and that’s when unique things happen. Detroit is changing and trying to move forward. When you come as alums in 20-25 years, I bet that Detroit will be very different and in a very good way.

Q: What type of academic or career advice would you give to students?

A: Be open minded and open to unexpected opportunities. Push yourselves out of your comfort zones once in awhile. All of us have reasons for picking our profession or we have an idea of where we want to end up when we graduate, but if you ask your faculty what they thought they would be doing and what they finally did in the end, many did not follow the path they expected to as students. So my advice to use this time to get involved in different things-- try some research-- work on projects with people you don’t know so well -- take a risk! Students can be so focused on academic success in their courses that they don’t even notice other activities that provide new skills and ideas. Be bold. Ask tons of questions. Then go for it. Nothing ventured nothing gained.
The Student National Pharmaceutical Association (SNPhA) is an educational service association concerned about pharmacy, health-related issues and the poor minority representation in pharmacy and other health-related professions. SNPhA kicked off the school year at AIDS walk Detroit. At the walk, SNPhA members had a display, which educated people on HIV/AIDS awareness and prevention, such as safe sex and proper needle disposal. SNPhA participated in the St. John Armenian Church health fair on Saturday September 27th hosting a smoking cessation table. Each semester the SNPhA executive board plans a free health fair for the uninsured and underserved population in Detroit. On November 1st SNPhA held a health fair for the residents at the Coalition on Temporary Shelter (COTS) in Detroit, a temporary shelter for people who are in between living situations. During this event, SNPhA members are able to practice their patient care skills such as blood pressure screening, blood glucose measurement and diabetes education, smoking cessation consultations, healthy eating and weight management, and medication management. SNPhA is also very focused on collaborating with other schools of pharmacy SNPhA chapters to share information, increase communication and strengthen networking. The SNPhA executive board is in the process of planning a health fair for the winter semester, which is expected to occur sometime in late March. One of our most exciting and tasty events, Parker’s House of Pancakes (PHOP) will also take place in March. This fundraiser will be held in the commons where the executive board and our faculty advisor Dr. Dennis Parker will be making fresh pancakes all morning! SNPhA looks forward to continuing our dedication to the pharmacy profession and serving our community.

Fighting Aids With Nutrition

This year FAWN participated with APhA Flu Clinics at the Wayne State School of Medicine where members were able to counsel patients on their Calcium, Vitamin D, overall bone health (by utilizing the FRAX tool) and Nutritional intake. Additionally, FAWN hosted a Seminar on September 22nd where Dr. Frank Julian Jr. PharmD discussed the value and need for Nutrition when fighting HIV/AIDS. Additionally, on December 1, FAWN passed out Red Ribbons around the college for World Aid’s Day.

FAWN - Fighting Aids With Nutrition
www.fightingaids.org
Lambda Kappa Sigma (LKS)

Hello from the Omicron Lambs at WSU!

We've had a fun-filled summer, especially attending convention in Naples, Florida! Our alumnae and collegiate members thoroughly enjoyed the opportunity to build sisterhood among lambs of other chapters. We are extremely honored to have received Collegiate Chapter of the Year for the Central Region, as well as runner-up for Collegiate Chapter of the Year! We look forward to our chapter continuing to help enhance LKS as a whole.

Our chapter has had an excellent kick-off to the fall semester with speed-networking events for Bigs and potential Littles. We are excited to state that fourteen ladies have begun the initiation process and we anticipate their welcome into the fraternity next month during initiation. We will be continuing our community service this year with a Detroit-based organization, Alternative for Girls, in which we help empower young women build themselves a better future, free of violence and exploitation. Our professional seminar events this semester include topics on stress management, along with balancing work and home life. Lastly, we completed a very successful Little Caesar’s Pizza fundraiser, and we’re crossing our fingers for our annual Yankee Candle fundraiser to be equally as successful!

Pictured above: Shay Uddin, Fatimah Farhat, Alyssa McKay, Mandy Khemmor, Alison Britt, Sylvia Waldron on WHSO trip to Ecuador.

Pictured below: The lovely ladies of LKS

WHSO

World Health Student Organization is an organization that is comprised of students whose mission is to gain rich medical and cultural experiences outside their immediate communities. It is our organization’s goal to provide free medical care to under-served populations around the world, to volunteer at community outreach projects that serve the citizens of Detroit, and to teach our fellow students about global health.

Thus far, our organization has reached many goals and participated in many global health events. This past October, WHSO had the honor of presenting at the Global Health Symposium at Henry Ford Hospital where we spoke about the Development of an Interprofessional Medical Relief Student Organization. By far, our greatest endeavor is through our yearly trips with the medical students to under-served countries. In December, May, and July we are sending students and pharmacists to Ecuador and Haiti where they will be setting up health clinics in order to fully provide for those who are in need. In doing so, this gives the students an opportunity to develop inter-professional skills and learn more about cultural differences throughout the world.

In addition, our organization has been able to participate in a sustainable volunteer project located in the city of Detroit called World Medical Relief. While there, our students are able to work alongside medical students and directly with staff to help organize and maintain an accurate inventory of the medications and medical supplies this organization receives through other donors.
APhA-ASP

Operation Immunization (OI) is a committee under the American Pharmacists Association - Academy of Student Pharmacists (APhA-ASP) whose goal is to increase the public’s knowledge of immunizations while raising the number of adults receiving immunizations. The college collaborated with OI this year to execute an immunization certification program to train 98 student pharmacists on immunization technique and education. This year and in previous years, OI partnered up with University Pharmacy, owned by Maria Young, to host flu clinics throughout Wayne State University. During September and October over 143 students volunteered to participate in ten successful University Pharmacy flu clinics and immunized approximately 1,000 patients. OI recently formed a new partnership with the Campus Health Center to immunize college students on main campus this November. The OI team would like to thank all student pharmacists and faculty for taking the time and effort to help out with flu clinic events. OI would like to specially thank and recognize Maria Young and Christie Bellak for collaborating with APhA-ASP and giving students the access to practice and hone their clinical skills.

SSHP

Entering its fifth year as a professional organization at Wayne State, the Student Society of Health System Pharmacists (SSHP) began its year with a membership party to welcome both new and returning students to the organization. September was a month of traditions as SSHP continued to participate in the Saint John Armenian Health Fair once again. By teaching patients on respiratory health, we exemplified the role pharmacists play in managing health outcomes through various activities for patients. In October, SSHP hosted its annual Speaker Series focusing on Practice positions in Health-System Pharmacy. We invited guests from various pharmacy backgrounds to illustrate the many prospects in the profession—not only limited to a community or clinical pharmacy. These included a Management/Administrative pharmacist, pharmacy informatics specialist, critical care specialist, and a drug information specialist. As there was increased interest and positive feedback from the students from the first Speakers Series, SSHP will be hosted a second Speaker Series focusing on residencies in November. It is never too early to think about the type of pharmacist students want to become. SSHP is ensuring that students are looking at all avenues in the health system to get the most out of this wonderful profession.